









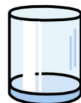

# Mango lassi



Serves 2





Equipment	Ingredients
Measuring cups 	2 cups defrosted mango pieces 
Measuring spoons 	2 cups natural yoghurt 
Blender 	1/2 tbsp honey 
2 cups 	A pinch of cinnamon 
	A pinch of salt 



## Method

1. Put the mango, yoghurt, honey, salt and cinnamon in the blender



2. Blend until smooth



3. Pour in a cup

