

PSHE - Long Term Plan & Assessment Grid

At Clarendon Primary Centre, the PSHE curriculum aims to support the growth of individuals who are able to live healthy, fulfilled lives, understanding and regulating their emotions, making informed choices, developing positive relationships and engaging in the world around them. Our curriculum uses a spiralling approach to support pupils to build upon existing skills to develop their understanding and engagement with the world in which they live. PSHE is taught as regular timetabled lessons as well as during incidental learning opportunities, which arise throughout the school day. The skills learnt will support individuals through their time at Clarendon Secondary Centre, out in the community and in future employment. Our curriculum is based on the PSHE Education Planning Framework for pupils with SEND (2020).

Daily 'check in' delivered in a restorative justice style, supports pupils to manage their feelings and develop relationships. Some of the statutory content of Relationships, Sex and Health Education is included within this SOW and staff should cross reference content with the policy.

Clarendon Primary Cycle 1					
Who Am I?	What's Over There?	How Do I Get There?	Who Lives There?	Let's Look Closely at That	Let's Go Further
Healthy Lifestyles Self-awareness	The world I live in Self-care, support and safety: keeping safe (Life skills: road safety week & wrapping a present)	The world I live in Self-care, support and safety: keeping safe E-Safety - covered through the ICT SOW (Life skills: road safety)	Self-awareness: Taking turns	The world I live in: Rules	The world I live in: Money (Life skills)
Clarendon Primary Cycle 2					
Who Can I Ask?	How Do We Celebrate?	Let's Get Lost in a Book	How Can We Help The Planet?	How Does It Start?	Let's Be Artists
The world I live in: different jobs in school and the wider community	Self-care, support and safety: keeping safe (Life skills: road safety & wrapping a present)	Self-care, support and safety: personal belongings (Life skills)	The world I live in: Taking Care of the Environment Looking after the Environment	Relationships: Changing and growing	Self-awareness: Ready to listen and take part

Clarendon's daily check-in covers relationships: managing feelings and self-awareness

Encountering	Foundation	Core	Development	Enrichment	Enhancement
<p>Learners begin to give reactions that show they can tell the difference between specific people, objects, places and events in their surroundings. E.g. respond with curiosity to stimuli which depicts facial expressions representing different emotions</p>	<p>Learners can describe feelings e.g. angry, identify thing that make us happy and identify different ways of communicating different needs and needs to others.</p>	<p>Learners can describe a small range of feelings including upset, worried, frightened) and identify what makes us feel this way and how to feel better if we are sad. They are able to request events or activities.</p>	<p>Learners can demonstrate simple strategies to help manage their feelings and explain why no one has the right to make us feel worried. They can give examples of what teasing means and how it makes us feel.</p>	<p>Learners can explain how we take care of our school environment and demonstrate simple ways of resolving disagreements. They can explain why it is important that others know how we feel.</p>	<p>They can explain that when we get angry our actions can affect others and give examples of feeds that make-up a healthy, balanced diet. They can evaluate different situations and identify possible risks and hazards. They can describe different kinds of bullying and abuse and know about healthy relationships.</p>